

Welcome to the Switzerland County YMCA Outdoor Fitness Area!

YMCA Larry Tolbert Fitness Trail Rules

Open from dawn to dusk
Use YMCA Fitness Trail at your own risk
NO motorized and/or electric motorized vehicles
Pets must be on a leash
Clean up after your pets
No littering
No Firearms, Alcohol, Drugs or Tobacco allowed on YMCA property
YMCA assumes no responsibility for accidents, injuries, lost, damaged or stolen personal items
Respect all areas of YMCA property and landscaping

View of Trail Map on page 2.

YMCA Playground Rules

Open from dawn to dusk
Use YMCA Playground at your own risk
Children under the age of 12 must be accompanied by an adult
No rough playing
Only one person per swing at a time
No jumping off slide and swings
No one over 18 permitted to use equipment
No glass or sharp objects in play area
Wear proper footwear
Do not use play equipment improperly
No pets in playground area
No littering
No Firearms, Alcohol, Drugs or Tobacco allowed on YMCA property
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Larry Tolbert YMCA Fitness Trail Distance	
Measurements may be off +/- 10%	
Trail Entrance #1 to Trail Entrance #3	842 ft.
Trail Entrance #2 to Playground/Shelter Fork	440 ft.
Playground/Shelter Fork to Low Hill Fork	319 ft.
Low Hill Fork to High Hill	70 ft.
Playground/Shelter Fork to Bridge	568 ft.
Trail Entrance #3 to Low Hill/Shelter Fork	109 ft.
Low Hill/Shelter Fork to Creek Fork	304 ft.
Trail Entrance #3 High Hill to Bridge	521 ft.
Bridge Back Woods Loop	1046 ft.

