



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WORK OUT WHEN YOU WANT

## Extended Hours Access Guidelines

The Y member must be set up on a monthly draft or annual membership to be eligible for the extended hours. As a Y member with extended hours access, you may use the Switzerland County YMCA fitness center, basketball court and family restroom. *ONLY Switzerland County YMCA adult members who have signed an extended hours access waiver along with a photo on file will have access to these areas.*

### THE Y IS STAFFED DURING THE FOLLOWING DAYS AND TIMES:

Monday–Thursday	5:30 am–8:00 pm
Friday	5:30 am–7:00 pm
Saturday	8:00 am–4:00 pm
Sunday	1:00 pm–5:00 pm

\*\*Please refer to the Y's website, [switzymca.org](http://switzymca.org) for special holiday hours.

## Safety and Security

Please be aware that your membership card is to be used only for your own personal entrance into the facility outside of staffed hours of operation. Members with extended access cannot grant access to other individuals, even if they are Switzerland County YMCA members. The Y can track who is in the building at all times. Granting access to another individual will result in the member losing his/her extended hours access. The YMCA has a 24-hour video recording system for security purposes. It will be reviewed on a daily basis to address any security concerns and monitor who is using our extended hours. A telephone is located in the fitness center located on the south wall in case of emergency. In the event of an emergency, dial 911. The Switzerland County YMCA address is posted by the telephone and emergency personnel will be able to access the building during non-staffed hours of operation. There is no parking in the roundabout, that area must remain clear in the event of an emergency, parking is only allowed in designated parking spots.

## Age Requirements

18 years of age and older. *Members under the age of 18 are not permitted during extended hours, even with a parent or guardian.*

*It is not available for Silver Sneakers, Silver & Fit, and Renew Active members.*

Each adult member wanting extended hour access must sign a waiver and approval could take up to 48 hours to be approved before gaining access to extended hours.

## Access Facility

Hold your membership card up to the card reader, you will hear the door activate. Upon activation, pull on the door to gain access (there is a 5 second time limit). Do not hold the door for anyone, as they will need to use their card for access.