



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

April Aquatics Schedule

Weekly Open Hours

Monday: 7am–12pm, 3:30pm–7:45pm

Tuesday: 7am–12pm, 3:30pm–7:45pm

Wednesday: 7am–12pm, 3:30pm–7:45pm

Thursday: 7am–12pm, 3:30pm–7:45pm

Friday: 7am–12pm, 3:30pm–6:45pm

Saturday: 8am–3:45pm

Sunday: 1pm–4:45pm

Group Swim Lessons

**Lap Lanes and Deep End Only
Available During Swim Lessons*

Mondays 4pm–6pm

*Inquire at Front Desk for
Registration*



Fitness Classes

**Lap Lanes and Deep End Only
Available During Water Fitness
Classes*

Water Aerobics:

8am–8:45am M, W, F

Silversneakers Splash:

10:15am–11am M, W, F

**Pre-Register at
www.switzymca.org*

STAY CONNECTED WITH US:

