



August Aquatics Calendar

Group Swim Lessons

**Lap Lanes & Deep End Available*

Fridays

August 12th—Sept. 2nd
4pm-6pm

Registration Closed by August 11th.

Sign up at the Front Desk

Fitness Classes

Water Aerobics:

8am-8:45am M, W, F

Silversneakers Splash:

10:15am-11am M, W, F

**Pre-Register at*

www.switzymca.org

Weekly Open Hours

Monday:	7am-12pm; 3:30pm-7:45pm
Tuesday:	7am-9am; 3:30pm-7:45pm
Wednesday:	7am-12pm; 3:30pm-7:45pm
Thursday:	7am-9am; 3:30pm-7:45pm
Friday:	7am-12pm; 3:30pm-6:45pm
Saturday:	8am-3:45pm
Sunday:	1pm-4:45pm

STAY CONNECTED WITH US:

